



## Policies and Procedures for League Play

### **Waivers:**

In order to participate in the league, each participant must enroll in Flex. By enrolling in Flex, the participant will sign the waiver needed to play in the recreation leagues.

### **Rosters:**

All players must sign the team roster provided the first week conforming they have enrolled on Flex and therefore filled out the waiver and agree to all policy and procedures. If a player is not present the first night of play it is their responsibility to contact the Plus One staff and fill out all necessary paperwork. It is also the player's responsibility to check in before each game.

### **Player Eligibility:**

All players who have been placed on the roster and signed the waiver are eligible for playoffs, provided they have participated in the minimum number of games needed to be eligible for playoffs for that given sport league.

### **Sportsmanship:**

The purpose for the Health & Wellness Complex is to give all participants a fun and friendly atmosphere to play. Although the games may become intense, you still can be competitive while maintaining good sportsmanship. With this said, any behavior deemed unacceptable by staff may result in suspension and/or ejection from a game or the league. Abuse of officials, referees, and other staff will not be tolerated. Plus One reserves the right to remove a player from a game or a league if they are considered to be bringing down the quality of the league. Fighting will not be tolerated and will result in an automatic ejection from any game and in most cases ejection from the league for the remainder of the season.

### **Staff:**

Plus One staff is here to coordinate and run the league, our refs and/or staff will be available at all times to help the league run as smoothly as possible. If you have questions regarding schedules, policies, rule interpretations please let us know.

### **Referees:**

Paid referees will be provided for selected sports leagues. Referees have the power to remove any player(s) from a game if deemed necessary. The league, however, is run by the Plus One staff and a representative will be on-site to interpret rules and (together with the refs) will have final say in all rulings made by the on-court officials.

### **Forfeits:**

If your team forfeits a match during the season, please refer to the individual sport league rules.

Teams have until ten minutes past the designated start time to field a full squad (or the league minimum of players required according to rules). If at that time a team is unable to field a legal team, a forfeit win will be given to the team that meets the required number of players and a forfeit loss will be given to the team that does not meet the minimum number of required players.

**Standings:**

The updated standings will be posted weekly on Flex/Active.

**Playoffs:**

After teams have been seeded according to their records all captains will be notified of the tournament schedule. It is ALL TEAMS' responsibility to check the playoff brackets to find out what time they will be playing the following week if they win. In playoffs it is not uncommon, (and in some cases will be necessary), for teams to have more than one game in a given night. NO non-team member substitutes will be allowed during playoffs. Only team members who are eligible for the tournament may play. All eligible teams will make the playoffs. Playoff eligible teams will be determined on a league by league basis. Teams that have violated the forfeit policy during the course of regular season will not be eligible for playoffs.

**Seeding:**

Teams are seeded according to winning percentage.

Teams may be dropped from their regular season level based on the above criteria. Teams may be moved to a higher division during the playoffs only if permission is granted by the Plus One full time staff. Skill levels may be divided into separate divisions based upon size of level. Teams may play more than one game per day/night, and/or play games on days/nights other than your regularly scheduled league day/night if necessary. Plus One reserves the right to schedule playoff games on days other than the leagues regularly scheduled league night. Any questions regarding rules, policies, or eligibility of players must be addressed before the start of the game. Any team that would like to challenge the eligibility of an opposing player must do so before the start of the game. No protests will be considered valid after a game has started.

**League Cancellation/Rainout:**

Leagues may be cancelled due to existing weather conditions, dangerous or unplayable field conditions, facility constraints, etc. Plus One staff will not cancel games unless absolutely necessary. If the league is cancelled, Plus One staff will update Flex immediately. It is the player's responsibility to check Flex if they are concerned about their game being cancelled. Depending on the time of cancellation, some teams will have to be notified on site. Play will resume as scheduled prior to a cancellation. The games that are cancelled will be made up if applicable by the Plus One staff. Plus One reserves the right to run a shortened season due to cancellations. Plus One also reserves the right to schedule games on days other than your regularly scheduled league day/night if necessary.

Each player in the league is responsible for this information: please advise your team of these rules.